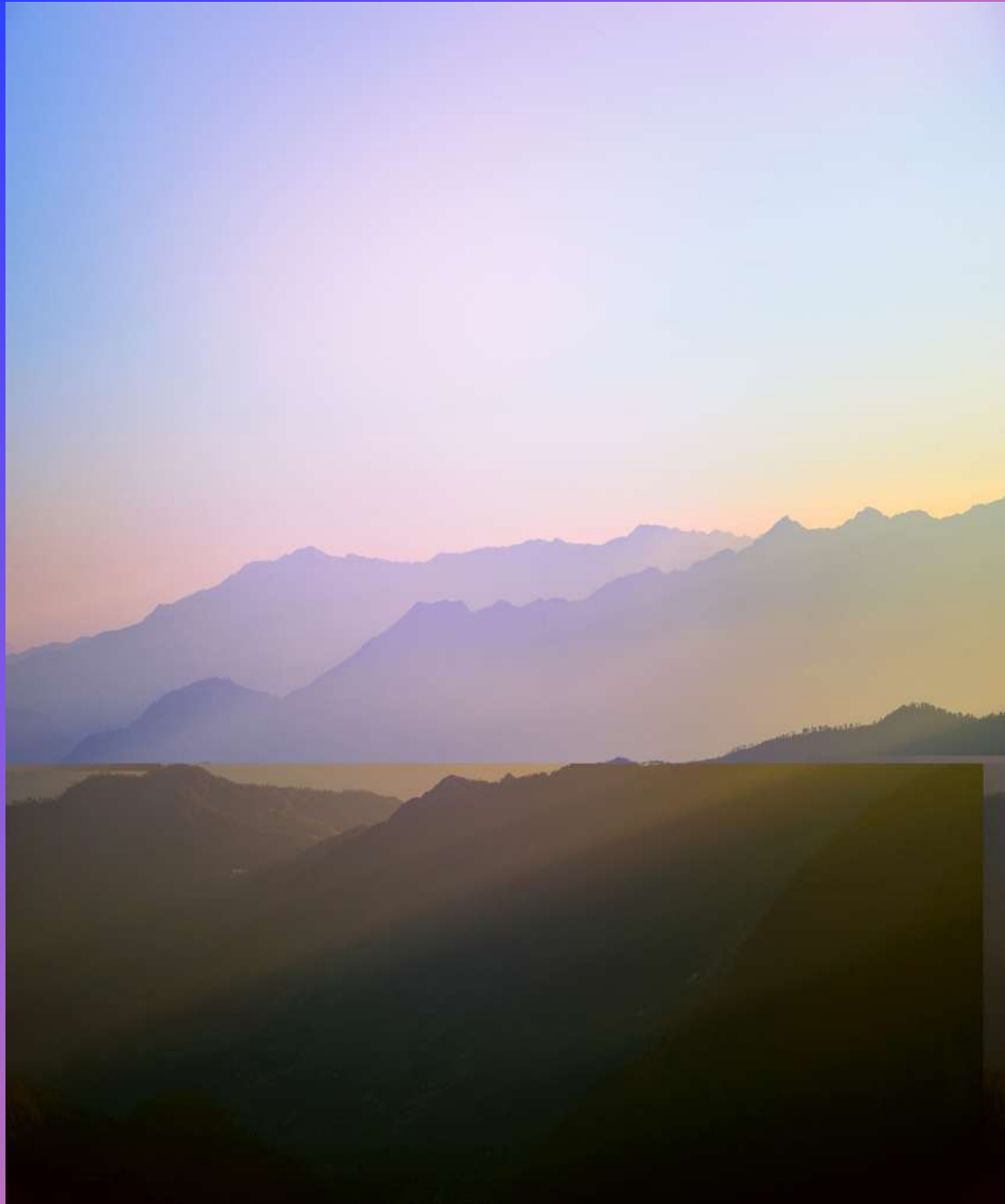




Andara Plus, University of Latvia
Anda Paegle



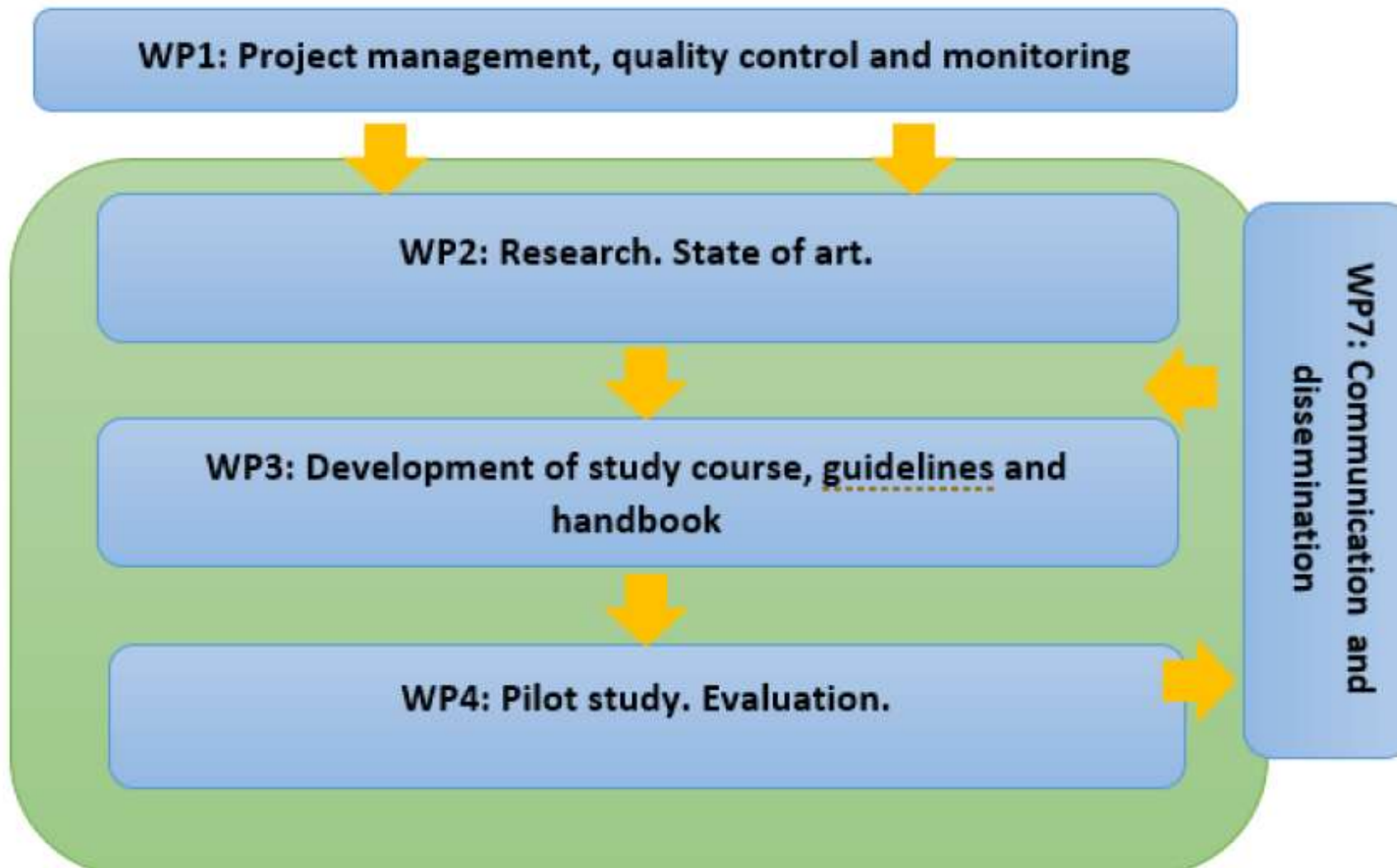
Encouraging dual career of athletes



CONSORTIUM

▪ Andara plus – project author, lead partner

- APS ASD MARGHERITA SPORT E VITA
- UNIVERSITA OF MALTA
- ARISTOTLE UNIVERSITY OF THESSALONIKI
- NYSA SWEDEN AB
- NICOLAUS COPERNICUS UNIVERSITY
- UNIVERSITY OF LATVIA





Outputs

**Evaluation framework
to determine skills
gained through sports
training and
competitions.**



Outputs

An open online course “21st century skills gained through sports training and competitions with integrated basic principles of healthy nutrition combined with sports and other tips for dual career”, which can be used as part C course in Higher education institutions



Outputs

Produced 1 policy recommendation on special pensions scheme for professional athletes

NEXT STEPS



OFFER



Course
implementation in your
university

▪ anda.paegle@lu.lv

A high-angle, slow-motion photograph of three male sprinters in mid-stride on a red running track. The runner on the left wears a red singlet and dark shorts. The middle runner wears an orange singlet and dark shorts. The runner on the right wears a white singlet with the number 271 and red shorts. They are all running away from the camera towards the right side of the frame. The track has white lane markings and starting blocks are visible at the bottom.

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THANK YOU

Anda Paegle