

Outstanding results

44 Selections at Olympics Games, 8 in 2024

32 World Champions, 2 in 2024

Legendary Champions



François GABART, Record for a solo circumnavigation in 78 days- 2014



Jean Christophe PERAUD,
Olympic champion in mountain bike



Bruno MARIE-ROSE, World Champion in 4*100m relay- 1988 DSI PARIS 2024



DUAL CAREER SINCE 1981



Cécile CALANDRY European Champion KO Sprint Orienteering AUGUST 2025 Mateo VIDAL French junior vice-champion Duathlonampion in DECEMBER 2024 in China Julia D'AMODIO Vice world champion Match Racing AUGUST 2025





Sylvain CACHARD 2022 Europeen champion in track and fields - Mechanical Engineer in 2023 After 8 years in INSA LYON



HIGH PERFORMANCE SPORT SECTION

DUAL CAREER SINCE 1981

I am working with the head of studies of each department and the teachers concerned to find the best solution for every athlete.

It's a team works

The challenge is to find a process and key factors for each of the student athletes so that they can successfully complete their dual career.

This support therefore requires:

- 1- Very specific skills and that the school funds a management position.
- 2- A networked organisation with the sporting world.
- 3- In-depth knowledge of the university ecosystem and exceptional financial resources

To see the dual projects through to completion.

HEREITHES PORTSECTION



Dual Career for Louise,

Training structure: I work with the France structure in Marseille wich called "Pôle France" and with the sailing federation.

Science department: Louise is in her eighth year of study and is currently doing a final year internship in a company: a one-year internship instead of six months to validate her course and to be able to train and compete for LA28.

Financial resources: We have reached a financial agreement with the company, which has agreed to arrange the end-of-study internship while paying the athlete.

Dual Career for Bartholomé,

<u>Training structure:</u> I work with the professional rugby club of LOU Rugby and the French team trainer of -20

Science department: Bartholomé is in his second year of integrated science studies and will spread his two years over four years to free up time to participate in training with the professional team in TOP14.

Financial resources: We have reached a financial agreement with the club, which has agreed to pay teachers to provide additional support lessons to the player.





Dual Career for Sarah,

Training structure: I work with the athletics federation and the coach of the French middle-distance running centre in Lyon.

<u>Science department:</u> Sarah is in her fifth year of study, but this is her eighth year overall. She must complete three course units this year and find an end-of-study internship in 2027. She will complete her course after LA28.

Financial resources: She can train twice a day and find sponsors to finance her season. The school pays for extra support lessons.



8th in the 1500m at the World Athletics
Championships in Tokyo in 2025



Dual Career for Margot,

<u>Training structure:</u> I work with the mountain skiing federation and the national coach

Science department: Margot is in her fourth year of civil engineering (this is her sixth year) and will be able to take a gap year between June 2025 and the Milan Olympics in February 2026.

Financial resources: She can take part in all training camps and competitions as selected by the French national team coach. The school pays for extra support lessons.

French mountain skiing team, set to be selected

for the 2026 Turin Olympics Games





Dual Career for Florian,

<u>Training structure:</u> I work with the rowing federations and coaches at the French rowing centre near Lyon.

Science department: Florian in his third year of mechanical engineering, which he cut short after two years to pursue a ten-year course of study.

Financial resources: He can take part in all training camps and competitions as selected by the French national team coach. The school pays for extra support lessons.

7th at the Aviron World Championship IN

Singapour september 2025





Dual Career for Candice

Training structure: I work with the 400m hurdles coach at the Lyon club and the regional director of the federation.

Science department: Candice took a break from her fourth year of biosciences engineering, in which she has a lot of practical work specific to her programm.

Financial resources: She can take part in all training camps and competitions as selected by the French national team les 23 years. The school pays for extra support lessons.

Candice GRAF VON PLAUEN



5th in the U20 World Championships 2024 2nd best French performance of all time



Dual Career for Emilien

<u>Training structure:</u> I work with the with the national technical director and the socio-professional contact of INSEP (such as Laurence) from INSEP. Emilien lives in INSEP in Paris and train all the week with the others athletes.

Science department: Emilien studied sciences for four years instead of two, and now he is going to cut his third year in the civil engineering department down to three years to go to LA28.

Financial resources: The head of department is Emilien's tutor. The iNSEP and INSA pay for support hours for distance learning courses so that Emilien can succeed in his dual project.

In the instruction with the Olympic Modern Pentathlon team

ance Émilien MAIRE e world champion -23 years in 2023

and In INSEP to prepare for the 2028 LA Olympics games

Dual Career for Cléo

Training structure: I work with the coach of the French senior rugby sevens team. Cléo plays in the World Rugby Sevens Series.

Science department: Cleo is studying in the computer science department and has completed her third year in two years. She travels for half of the academic year and does her courses and projects remotely, as this is a specific feature of this programm. She will complete her INSA studies in 10 or 11 years.

Financial resources: She has a professional contract with the French Rugby Federation and receives a monthly salary.



Under professional contract with the French Rugby

Seven's Federation for LA 2028



Dual Career for Dimitri

<u>Training structure:</u> He trains with the Lyon Métropole club and has a dedicated coach. He is a member of the French para-swimming team and competed in the Paris Olympics.

<u>Science department:</u> Dimitri cut his first two years of training down to three years and trains once or twice a day.

Financial resources: His federation has limited financial resources but the National Sports Agency has selected this athlete for the LA28 Olympic Games and pay for extra support lessons.

Oly, French para-swimming team member

INSTITUT NATIONAL DES SCIENCES APPLIQUÉES LYON

who competed in the Paris Olympics

and is in the running for LA 28





HIGH PERFORMANCE SPORT

<u>Dual Career for Ugo,</u>

Training structure: I work with the professional rugby club of USO NEVERS.

Science department: Ugo is in his third year department of mechanical engineering and has spread his two years over four years to free up time to participate in training with the professional team in ProD2.

Financial resources: We have reached a financial agreement with the club, which has agreed to pay teachers to provide additional support lessons to the player.





TOPATHLETE OF THE MONTH

Every month, a « Top athlete of the month » is elected among the INSA Lyon top athletes by a jury for his/her athletic achievements...



















LOUISE **CERVERA**

4 GM VOILE

CHAMPIONNE **DE FRANCE ELITE**

QUALIFICATION AUX JEUX OLYMPIQUES





SPORTIFS DE L'ANNÉE 2023 - 2024

-> SECTION SPORTIVE DE HAUT NIVEAU





3 SGM WINGFOIL

CHAMPION DU MONDE POUR LA 2- ANNÉE CONSÉCUTIVE



MARGOT **RAVINEL**

SKI ALPINISME

DE COURCHEVEL

TRIPLE CHAMPIONNE DU MONDE UNIVERSITAIRE EN SPRINT. **RELAIS MIXTE ET RELAIS FEMME** 3" SÉNIOR / 1E U23 COUPE DU MONDE SPRINT



SPORTIFS DE L'ANNÉE

2024 - 2025

-> SECTION SPORTIVE DE HAUT NIVEAU



DIMITRI GRANJUX

PARANATATION

5. AUX JEUX PARALYMPIQUES DE PARIS 2024 EN 150M 3 NAGES S4

NOUVEAUX RECORDS DE FRANCE SUR 50M DOS, 50M BRASSE ET 150M 3 NAGES

LOS ANGELES 2028

Athletes who dream of the Olympics Game ...LA 2028



Sarah MADELEINE - 4GM 8th in the 1500m at the World Athletics Championships in Tokyo in 2025 27th in JO PARIS 2024 - 5000M



Mel JANSE VAN RENSBURG
Qualified in JO PARIS in Climbing
for South Africa
Student in Initial Formation
of engeneer



Jeanne ROCHE - Aviron
4th World Championship 2024
In rowing U23
3td year student in civil
engineering and urban planning



Dimitri GRANJUX French para-swimmingteam member who competedin the Paris Olympics and is inthe running for LA 28



