



EUROPEAN ATHLETE STUDENT
THE DUAL CAREER NETWORK



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Forms of support for the student athletes in the Academy of Physical Education in Katowice

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KATOWICE



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The Academy of Physical Education in Katowice is a public university which specialises in sport and physical education.

It is one of the six such universities in Poland and the only one in the Silesia region.

AWF Katowice

The university (AWF) and the Academy of Physical Education Sports Association Club host many professional athletes, including members of national Olympic teams and medalists.



AWF Katowice

In the report prepared for the Ministry of Sport and Tourism in Poland entitled

„Dual career of athletes in Poland. Diagnosis of the situation”

Academy of Physical Education in Katowice is mentioned as one of the best universities in Poland in terms of support for dual career of student athletes.

We believe:

”Dual Career of Elite Athletes: Integrating Sport and Education for Future Success”





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**The main goal of my presentation is to show
various forms of support for the student athletes
who maintain a dual career
in the field of education and sport
at the Academy of Physical Education in Katowice**

The presentation will present the following forms of supporting student athletes in combining higher education with professional sports training:

- 1. Recruitment for studies.**
- 2. Personalised Plan and Study Program.**
- 3. Scholarships, funded by the government's budget and by the university's own resources.**
- 4. Using the modern research laboratories.**
- 5. The Academy of Physical Education University Sports Association Club activities.**
- 6. “National Academic Team” – The Polish Program Supporting Student-Athletes’ Dual-Career.**

Recruitment for studies

University candidates – athletes

(members of the Polish National Team team, and/or is an individual athlete of Olympic disciplines who holds the rank of First Sport, Master of Sport or the title of International Master; and/or is a player of a sports team participating in the central championships organized by Polish Sports Associations)

can be admitted without an exam or have additional points in the recruitment process.

Personalised Plan and Study Program

AWF Katowice created **The Individual Plan and Study Program (IPPS)** system. It consists of an individual, tailored to a particular student, choice of subjects, as well as setting convenient dates for attending classes and exams.

The IPPS system helps to combine studies with a professional, scientific or sports career. It has a big impact on the decision to study by future students, mainly athletes.

Scholarships, funded by the government's budget and by the university's own resources

The best student-athletes can apply for scholarships from the university's Rector and the Minister of Science and Higher Education.

Using the modern research laboratories

The university hosts many research laboratories where student-athletes can engage in research projects with university scientists. The findings can enhance the effectiveness of their athletic training.

The Academy of Physical Education University Sports Association Club activities

AZS AWF KATOWICE

- **20 Sports sections**
- **250 Professional athletes**
- **During the last 15 years at the Olympic Games, AZS AWF Katowice athletes won 12 medals, including:**
 - 4 – gold 3 – silver 5 – bronze**
- **5 Coaches of national teams**
- **Children and youth in training – several sports sections**

“National Academic Team” – The Polish Program Supporting Student-Athletes’ Dual-Career

In 2020 the Ministry of Science and Higher Education in Poland started the program “National Academic Team” The program was directed to all Polish universities. The main objective of the program was to provide support for student athletes, enabling them to pursue university education in addition to their sports careers.

“National Academic Team” – The Polish Program Supporting Student-Athletes’ Dual-Career

The program subsidises organizing additional classes for student athletes involved in their sport careers. The study program is implemented throughout the entire academic year in the form of an individual course of studies, in accordance with scheduled additional hours assigned per each student Athlete. The funding amounts to PLN 20 000 (a bout EUR 4 7 00 per year per student and is dedicated to the arrangement of 100 hours of individual course of studies conducted by the academic teachers.

Examples instead of conclusions



Justyna Święty-Ersetic, Track and field, 400 m.

TOKYO 2020



Gold and silver medals

And

Examples instead of conclusions



Justyna Święty-Ersetic,
Track and field, 400 m.

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Gold and silver medals

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Examples instead of conclusions



Justyna Kowalczyk
cross-country skiing
Winter Olympics:
2 gold, silver & 2 bronze medals
And

Examples instead of conclusions



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Justyna Kowalczyk completed her master's degree at the Academy of Physical Education in Katowice and defended her doctoral thesis at the Academy of Physical Education in Kraków.

AWF KATOWICE



Thank you
for your attention

