

FOCUS ON THE TRANSITION FROM UNIVERSITY TO THE JOB MARKET: INITIATIVE BY AU ELITESPORT



BACKGROUND

Increased focus in Denmark

Experiences from our counselling sessions:

- Shared perception of dual career in the job market
- Student-athletes are concerned about the transition
- Insecurity about skills

This led us to create an event with focus on the transition from university to the job market

OUR AIMS WITH THE EVENT



To prepare student athletes for the transition from university to the job market and challenge the idea that it is not possible to continue a dual career after university

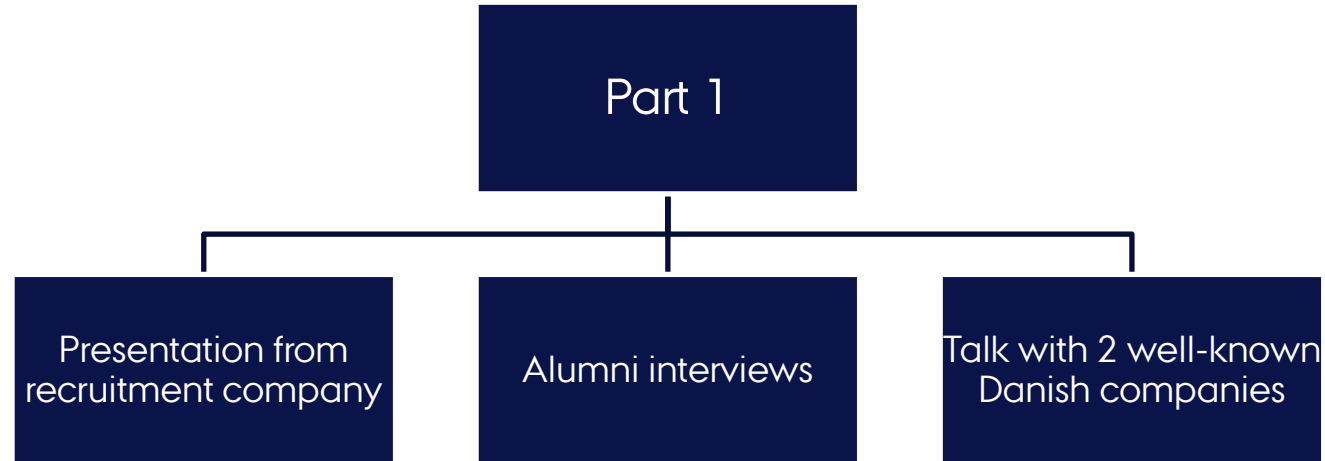


To help student athletes reflect on how they can translate competencies and skills from their sport into the job market



THE EVENT

INVITED: ALL MASTER STUDENTS AND 3RD YEAR BACHELOR STUDENTS



PRESENTATION BY RECRUITMENT COMPANY

Aim

Gain insights into what Danish companies are looking for in new employees – based on their analysis

Key points

- Show motivation and curiosity for the job
- Give examples of skills gained from elite sport
- "Dont tell – show"



INTERVIEW WITH ALUMNI

Former handball player, Master in Strategy, Organisation and Leadership

Former football player, Master in Political Science

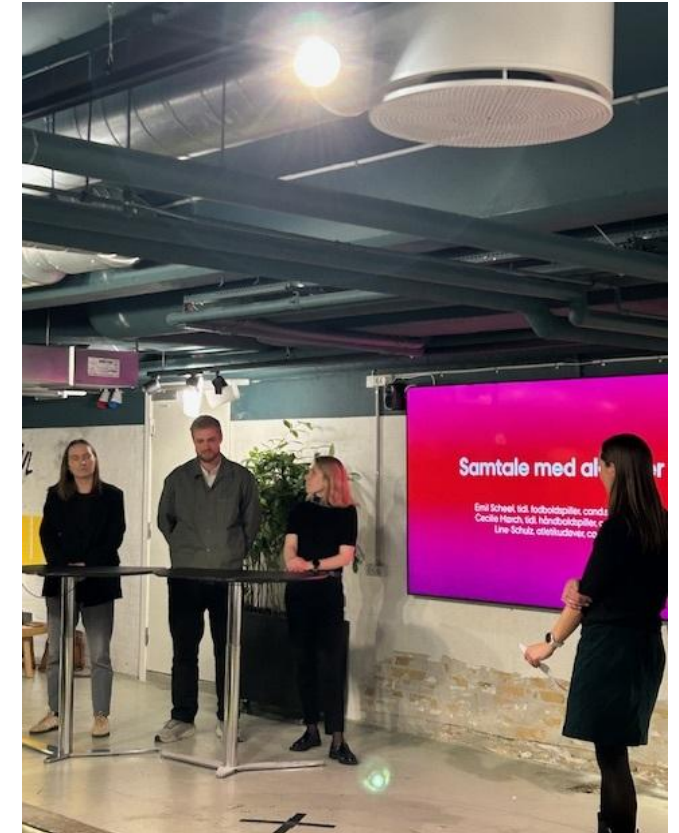
Track and field athlete, Master in Law

Aim

Talk about their path into the job market and the experiences they have acquired

Key points

- Know your ambitions and priorities
- Be prepared to settle (e.g. tasks) in order to have flexibility
- Be realistic



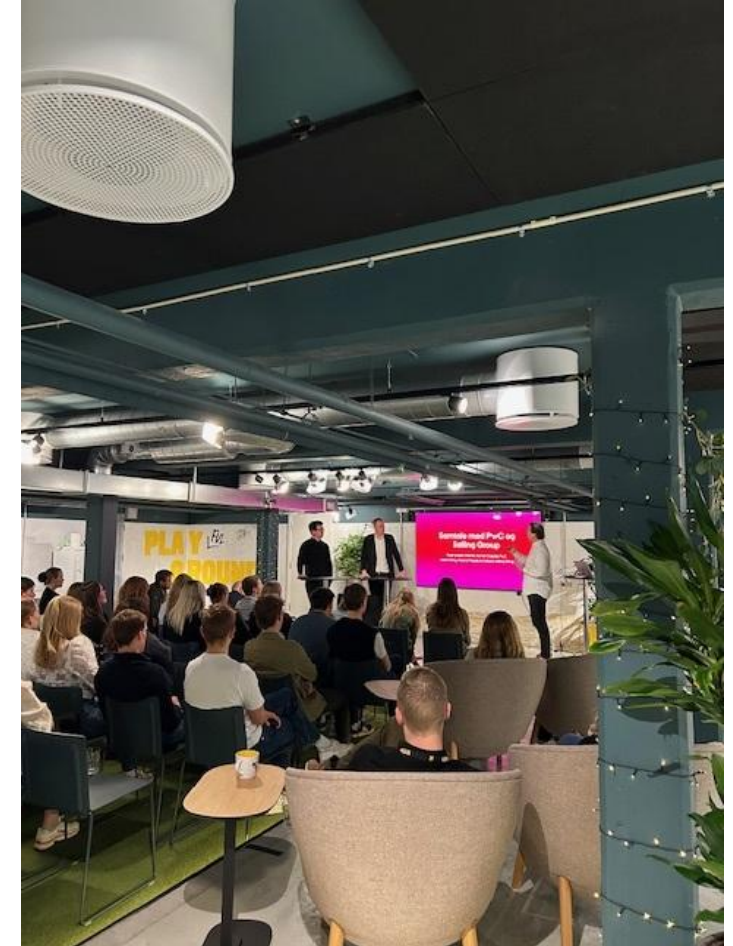
TALK WITH COMPANIES

Aim

To know how companies perceive elite athletes and whether they are interested in hiring this group (with flexible solutions)

Key points

- (Former) elite athletes stand out from other applicants
- Their lack of experience is not an issue
- Flexible solutions can be relevant for many employees – not only for elite athletes
- Limitations to flexibility



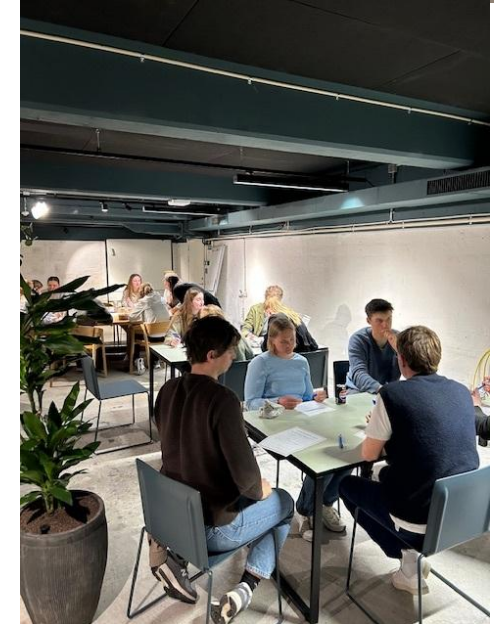
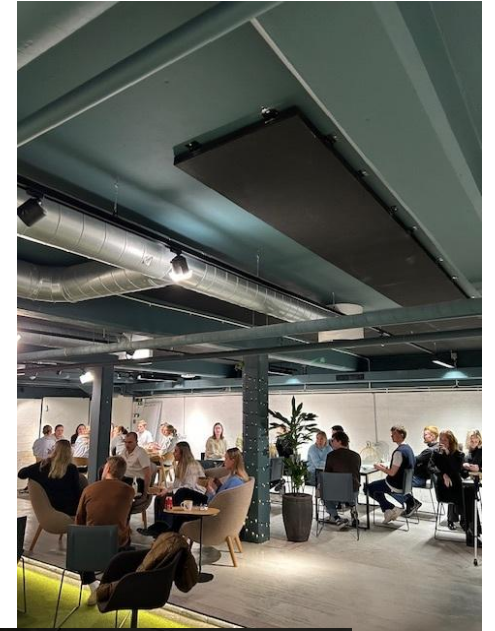
WORKSHOP ON COMPETENCIES

Aim

Help student athletes to identify and convert their skills from elite sport to the job market (inspiration from AFTERMATCH)

Key points

- Difficult for elite athletes to identify and translate their skills
- Concrete example with an actual job advertisement
- There are many similarities from skills gained from elite sport and what is in demand at the job market



OUTCOMES FROM THE EVENT



Elite athletes are viewed positively by companies because they have skills that align with what employers are looking for

Elite athletes don't fall behind in the selection process despite the lack of relevant study job experience

Possibilities for flexibility to continue a dual career

Elite athletes need help to identify and translate their skills

There is a need for more actions and support on career transitions



AARHUS UNIVERSITET