

FISU Dual Career Initiative

Empowering Balanced Student Lives





FISU, NUSFs and CUSFs promote student wellbeing and foster a healthy, balanced lifestyle for student-athletes across the globe.

Contribute with Stakeholders to the
development and implementation of the
Dual Career programme, helping students
successfully balance academic and athletic
commitments

Why Dual Career Matters

- Academic success and sport excellence
- Student wellbeing and employability



Challenges for Student-Athletes

- Training and competition schedules
- Academic dropout risk.... also from Sport
- Post-sport career uncertainty



FISU Concept of Dual Career

[Dual Career - FISU](#)



“Dual Career means enabling student-athletes to combine full-time study with elite sport. It is about balance, flexibility, and institutional recognition of the unique needs of student-athletes.”

FISU Actions Over Time

- Tools & definitions
- Research
- Communication
- Institutional integration

tscom - News >

"Studying has made me more reflective on the pitch"

WINTER GAMES

ITALY

FISU

22 January 2025



Tools & Definitions

- Dual Career Toolkit for students, NUSFs, and universities

FISU DUAL CAREER TOOLKIT



For
**Student-
athletes**

For
NUSFs

For
Universities

Research & Knowledge

- FISU–EAS study (2019)

FISU and EAS carried out a global study exploring student-athletes' perceptions of Dual Career support.

OPEN ACCESS
PEER-REVIEWED
RESEARCH ARTICLE

Dual-career through the elite university student-athletes' lenses: The international FISU-EAS survey

Giancarlo Condello , Laura Capranica, Mojca Doupona, Kinga Varga, Verena Burk

Published: October 2, 2019 • <https://doi.org/10.1371/journal.pone.0223278>

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[Dual-career through the elite university student-athletes' lenses: The international FISU-EAS survey | PLOS One](#)

Research & Knowledge

- From... this and other studies, we have some conclusions and recommendations
 - Dual Career opportunities differ greatly across continents and cultural contexts.
 - Most student-athletes have low awareness of their rights and the support available to them.
 - There is an urgent need to establish international minimum standards and certification programmes to ensure equal opportunities.
 - The study(ies) recommends creating a global Dual Career network, with transnational cooperation between governments, universities, federations, and sports organisations — precisely the kind of approach that FISU is now developing.

Institutional Integration

- Part of FISU main programmes

Within the FISU Healthy Campus programme, Dual Career is part of the 100 criteria — specifically Criterion 60. Universities must show how they support student-athletes. Best practices are collected and shared globally through FISU.

2026 24 - 28 Östersund 2026 FISU World Forum
Aug Aug Sweden, Östersund



Topic on Dual Career

Knowledge & Research

- Cross-integration with FISU Education and Wellbeing programmes
- Media and cross-departmental projects

Healthy Campus 2020-21 FISU Healthy Campus Best Practice UNIVERSITY OF TURIN WIRELESS OFFICE/STUDENT / CONNECT CAMPUS/STUDENT / IMAGE PLANNING/STUDENT			
Name of the project Dual Career Programme	Description The programme provides flexible learning paths and team studies, and opportunities allowing for student-athletes' interests. It offers university fees exemption, scholarship for students highly deserving for study, sport, and academic abilities.	Evaluation Positive impact, despite UNITO Dual Career Programme just started in this academic year (2021-21). Seventy-two students have already joined the initiative. A progressive dissemination of this project will surely enlarge the number of participants.	Lessons Learned At UNITO student athletes appreciate this platform, regarding it as a model for their dual career, and also confirming what emerged in preliminary investigations on the same UNITO student category (Lupo et al., 2012; Act-Bruner et al., 2020a,b).
Domain Physical activity and sport	Main Goals The programme aims at promoting the combination of sport and educational careers of students enrolled in UNITO educational courses, by means of a more adaptable university path in terms of time and place flexibility.	Motivation & Vision To offer the availability of more adequate to students' abilities educational paths (more flexible), which can guarantee an option to other students' university opportunities, in line with the EU policies vision.	Recommendations The UNITO Dual Career Programme should be progressively implemented, also through the direct participation of the student-athletes' experience of this initiative first year and a well-timed educational webpage.
Objectives ADO This university offers a dual career programme.	Keywords Education, sport career, student activities, training, educational schedule flexibility.	Target & Stakeholders All student-athletes competing at high competition levels.	
Time & Place The programme will start at the year long term acceptance date.	Team & Staff UNITO teachers and administrative, Turin University Sport Centre, and UniCredit.		



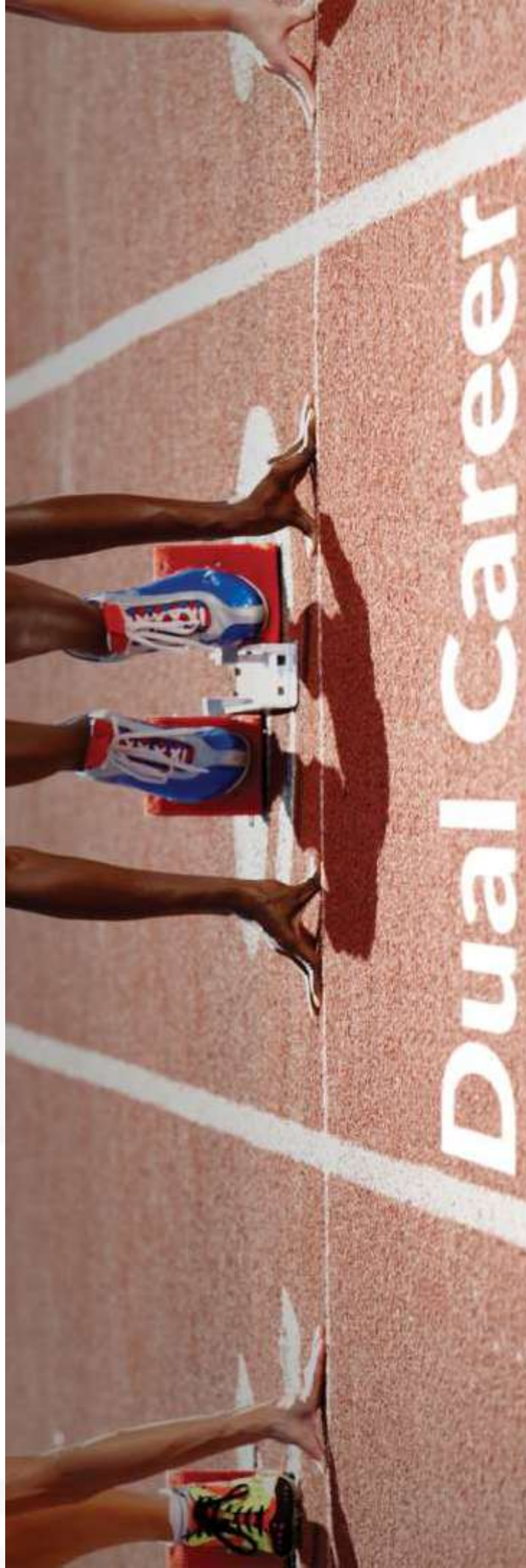
Expected Impact

- Student wellbeing, resilience and employability
- Stronger universities and support systems
- World of University Sports recognition and visibility



Next Steps

- Internal approval
- Involvement of Experts and Stakeholders
- Pilot phase
- Global scale-up



Closing

- FISU Dual Career: Empowering balanced student lives
- Invitation to collaborate and engage

Thank you!

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